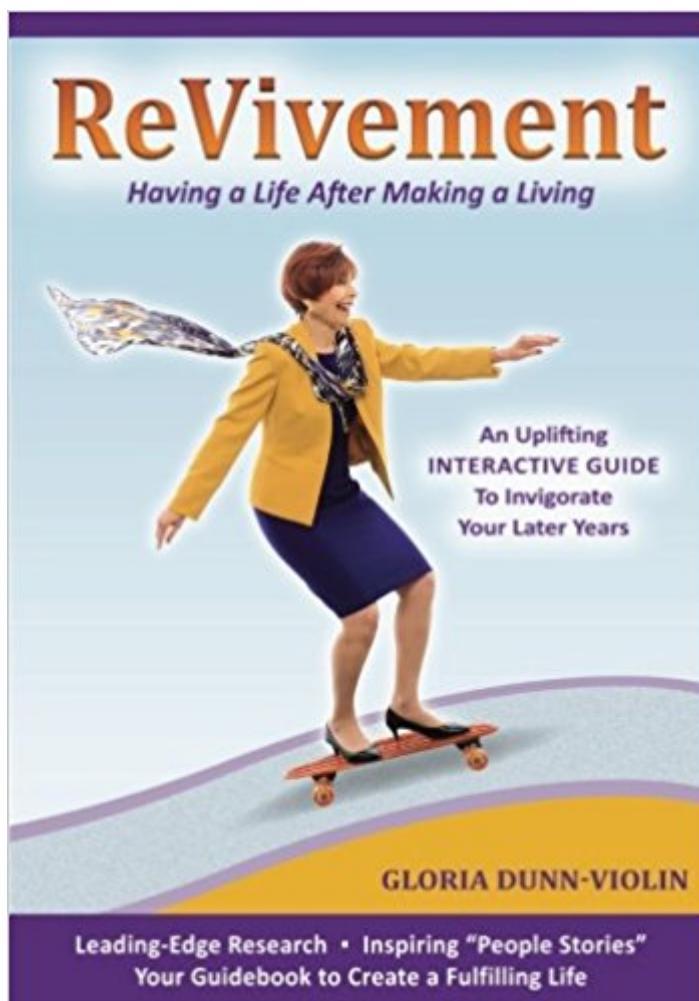


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# Revivement: Having A Life After Making A Living



## Synopsis

You're not over the hill. You're really on top of it. And, you probably have another 20 to 50 years to live. Are you prepared to embrace the rest of your life? "I've had the good fortune to know Gloria for more than 40 years and throughout that time I've witnessed her ability to reinvent herself and to help others do the same thing. Her energy and enthusiasm are inspiring, and in fact contagious. I've previewed this latest book and find it filled with inspiring stories, exercises, and good advice. Gloria, as always, remains a vital resource in a changing time." Robert Stein, President/CEO, American Society on Aging *œThis is a must read for anyone retiring or already retired. Gloria takes you on a journey to the innovations being discovered that will impact your longevity. She gives you the elements of a satisfying and fulfilling life. And, she provides exercises to help you think through how you want the rest of your life to be.* • Ken Dychtwald, Ph.D., CEO of Age Wave and author of *A New Purpose: Redefining Money, Family, Work, Retirement, and Success* "Planning for retirement is usually focused on saving enough money to retire. Rarely is a careful assessment made to maximize what this exciting stage of life can bring in terms of happiness, love and mental and physical fulfillment. Rather than just hoping it will all work out, Gloria provides an easy-to-follow roadmap to making *œrevivement* • a time for achieving unmet dreams and making new ones come true. It's a gift to us all." Bruce W. Burtch, author of *Win-Win for the Greater Good* and recognized internationally as a pioneer in the field of cross-sector partnerships and cause marketing Now is the time for a new beginning. Journey with Gloria to Revivement, where you can: *œ Reinvent and reinvigorate your life. *œ Find purpose, meaning, and fulfillment. *œ Learn new scientific research and practices for longevity. *œ Overcome ageism and increase your brain smarts. *œ Unearth and activate your dreams of long ago.*****

## Book Information

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## Customer Reviews

I've had the good fortune to know Gloria for more than 40 years and throughout that time I've witnessed her ability to reinvent herself - and to help others do the same thing. Her energy and enthusiasm are inspiring, and in fact contagious. I've previewed this latest book and find it filled with inspiring stories, exercises, and good advice. Gloria, as always, remains a vital resource in a changing time. Robert Stein President/CEO American Society on Aging "This is a must read for anyone retiring or already retired. Gloria takes you on a journey to the innovations being discovered that will impact your longevity. She gives you the elements of a satisfying and fulfilling life. And, she provides exercises to help you think through how you want the rest of your life to be." Ken Dychtwald, Ph.D., CEO of Age Wave and author of *A New Purpose: Redefining Money, Family, Work, Retirement, and Success Planning* for retirement is usually focused on saving enough money to retire. Rarely is a careful assessment made to maximize what this exciting stage of life can bring in terms of happiness, love and mental and physical fulfillment. Rather than just hoping it will all work out, Gloria provides an easy-to-follow roadmap to making "revivement" a time for achieving unmet dreams and making new ones come true. It's a gift to us all. Bruce W. Burtch, author of *Win-Win for the Greater Good* and recognized internationally as a pioneer in the field of cross-sector partnerships and cause marketing

Gloria Dunn-Violin relishes her third career. She is the Author of *From Making a Living to Having a Life*, and a Professional Speaker, Workshop Leader and Writer. She enjoyed 25 years in the workplace providing services in training, coaching, and consulting in Organizational Development and Behavior through her own business, *Wiser Ways to Work*. She spent the prior 10 years as an award-winning public relations professional. During this 35-year period, Gloria gave speeches, hosted a Cable TV talk show, and wrote articles for publications. She presently writes a monthly column for the North Bay Business Journal. Gloria is an active member of her community and Rotary Club.

It is rare to come across a book that is informative, a fun read, and gives practical advice. This book is really appropriate for anyone looking to have a more fulfilling life. There was much to learn from Gloria and her Revivement approach. You will feel energized and ready to take on new challenges

and opportunities. I enjoyed it thoroughly. Thank you.

Wonderful book - full of intelligent suggestions on reviving life and living fully and joyfully. Thank you for writing about having a life after making a living. ReVivement is a sound and amazing concept thought up by an amazing woman, Gloria Dunn-Violin. Rosalind Citrin

Inspiring and knowledgeable. We all need purpose and passion in our lives regardless of age.

Workbook unlocks our dreams. Urge you to revitalize your life.

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